




## Pre-Operative Patient Information

<p><b>Before Your Surgery</b></p>	<p><i>What Do I Take to Hospital?</i></p> <ul style="list-style-type: none"> <li>- Bring a list of your medical conditions and/or allergies</li> <li>- Bring a list of your medications (certain medications for diabetes and blood thinners may need to be stopped or altered 3-5 days before your surgery – please discuss with your Anaesthetist, or Dr Alexander, if you are unsure about this)</li> <li>- Documentation about your health fund</li> </ul> <p><i>Preparation For Surgery</i></p> <ul style="list-style-type: none"> <li>- Clean hands and nails thoroughly</li> <li>- Wear loose fitting clothes, as your dressings may be bulky</li> <li>- Remove your jewellery, and leave any valuables at home</li> </ul>
<p><b>On The Day Of Surgery</b></p>	<p><i>In Hospital</i></p> <ul style="list-style-type: none"> <li>- You will be admitted by the admission clerk and then by the nurses</li> <li>- There are many patients having surgery on the list and the order of surgery may need to change due to patient medical needs and equipment needs. There may also be delays due to emergency operations, these cannot be predicted</li> <li>- You will be operated on as soon as possible, but some delays may occur at times that are beyond the control of your surgeon</li> </ul> <p><i>Day Procedure Patients</i></p> <ul style="list-style-type: none"> <li>- Discharge time will vary as you will need to recover from the anaesthetic</li> <li>- After your sedation / general anaesthetic, you will need to have someone drive you home (not a Taxi/Uber, unless previously organised)</li> <li>- We strongly advise that you have someone stay with you for the night after your surgery</li> </ul> <p><i>Overnight Stay Patients</i></p> <ul style="list-style-type: none"> <li>- Discharge time is at approximately 9:30am the following day</li> <li>- As your dressings/plaster and anaesthetic will affect your ability to drive, we do not recommend you driving home</li> </ul>
<p><b>After Your Surgery</b></p>	<ul style="list-style-type: none"> <li>- For all post-operative advice including care, wound and dressing management, and information; please scan the QR code →  and follow the link to your surgery type on our <a href="#">webpage</a></li> </ul>